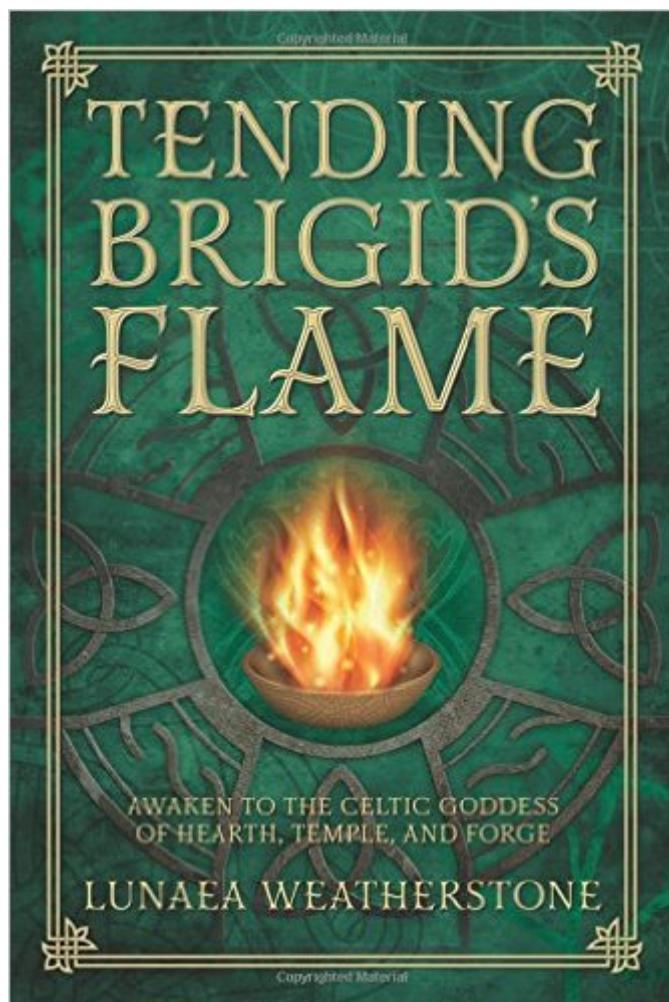


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Tending Brigid's Flame: Awaken To The Celtic Goddess Of Hearth, Temple, And Forge



Synopsis

Filled with rituals, exercises, and meditations, *Tending Brigid's Flame* presents the beloved Celtic goddess through three aspects of her sacred flame:Hearth: The Welcoming Flame opens the door to receive Brigid into your home, to protect and make sacred all the activities of everyday life. Food magic, hospitality, and house-blessing are some of the ways Brigid keeps your home fires burning.Temple: The Devotional Flame explores Brigid's allies, seasons, symbols, and sacred places. You'll meet Brigid's sister goddesses, both Celtic and worldwide, and learn about the timeless custom of flamekeeping and other ways you can offer your devotion to Brigid within the temple of your heart.Forge: The Transforming Flame shares ways in which Brigid transforms and inspires through craft and creativity, healing of body and spirit, the power of words, and tempering your skills into personal excellence.Brigid has brought Celtic spirituality close to the hearts of people worldwide. *Tending Brigid's Flame* celebrates your own personal connection with Brigid and her place in your world.

Book Information

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Average Customer Review: 4.8 out of 5 starsÂ See all reviewsÂ (37 customer reviews)

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Customer Reviews

"*Tending Brigid's Flame*" by Lunaea Weatherstone is a well-written and very comprehensive guide to Brigid, the ancient Celtic Goddess of metal-working, poetry, healing, and so much more.I enjoyed this book on many different levels and thought that the author, a priestess and flamekeeper dedicated to Brigid, demonstrated a deep soul connection to the Goddess that was both touching and inspiring.I also very much appreciated the scope of the book which includes historical research

(including many lightly Christianized Brigid myths and stories), suggestions for modern practice, the personal and compelling experience of the author (and the 19 followers of Brigid who contributed to the book), and specific Goddess centered activities and crafts. Because the author has such a close personal relationship to Brigid, I believe that she is particularly well-suited to helping us make a similar connection both immediately through the text and in an ongoing way - through craftwork, flamekeeping, establishing a Goddess centered practice, and by the dedication of sacred space in our own homes and heart. On a personal level, I found many of the spiritual practices shared in the book appealing and the personal accounts quite moving. Many of the crafts featured (and pictured), such as Brigid's cross or sun wheel, and Goddess rosaries / prayer beads, are activities I definitely want to try! While I loved the way the author helped me reaffirm my personal connection with Brigid, however, what I liked most about "Tending Brigid's Flame" is the picture it painted of the Goddess herself. Brigid is a very ancient Goddess, in continuous veneration - either as Goddess or saint - since prehistoric times.

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